



ROPE 202

INTERMEDIATE ROPE PLAY CLASS

CAZAR

WELCOME

- Introductions
- This presentation at <http://southbayconcepts.com>
- Videos of ties available at <https://www.youtube.com/@Cazar2>
- Ask questions anytime
- We'll take a short break in the middle
- Facilities and water

SAFETY IN A NUTSHELL

- Negotiate so you know what joint and medical conditions you're dealing with.
- Watch the throat, arm nerves, joint overextension, falls.
- Safety shears.

COMFORT

- Clothes
- Temperature
- Hydrate (cramps)
- Blanket to do floor work on
- Ropes they like
- Activities they like
- Aftercare sweets/treats

PURPOSES OF TYING

- Communication
- Erotic scene tying
- Tying for sex, tie to bed/table, ankles to wrists
- Tying for floaty, extreme bondage
- Bondage and/or endurance tying
- Tying to push limits
- Bratty wrestle tying
- Escape tying
- Tying as an art form
- Tying as traditionally as possible
- Tying to reinforce power exchange
- Sadistic tying
- Punishment tying
- Tying to immobilize during other kinks
- Predicament bondage
- Primal play, roughly
- Demo rough tying

RECAP

- Single column over (granny) can collapse, can cinch
- Single column under (reef) tail changes direction, can cinch
- Summerville Bowline Single Column Tie [Video](#)
- See all three of the above [Youtube](#)

BONDAGE

- Rope Flogging Cuff [Video](#)
- Prussic Shackle [Video](#)
- Larks Head Double Column Wrist Restraint [Video](#)

TRADITIONAL SHIBARI/KINBAKU

- Spiral Fotamomo [Video](#)
- 2-Rope Gote Shibari/Takate Kote (TK) harness [Video](#)
- 3rd Rope Extension of Gote Shibari [Video from Lazarus](#)
- In-Line Single Column Tie [Video](#)

ADVANCED

- Leto hip harness [Video](#)
- Hug Harness [Lief's Hug Harness Video on pCloud](#)

FLOOR TIES

- Gravity boot/Ankle Gauntlet (partial suspension?) foot gauntlet [Video](#)
- Leg spiral – Rope handling practice

FUN & GAMES

- Ankle Wrap and game (below)
- Brat Tying
- Try to get loose
- Hog Tie and a fun "hog tie" party game.
 - Unlimited time to tie up, but track time
 - If bunny gets loose within 20 seconds, rigger is disqualified
 - Lowest remaining time wins

Ankle Wrap

One of the most popular pieces we teach, the Ankle Wrap is knee-deep in awesome! It is comfortable even when tied tightly, since it presses the ankles together where they are most padded, rather than side-by-side where ankle bones can rub together. It's also secure, sexy and simple to tie. Plus, it renders your partner helplessly unable to stand up or balance on one foot, especially when tied over boots—a fact that will keep your partner from “bunny-hopping” away from you.

Rope length: 20 to 30 feet (6 – 9m)

Rope diameter: $\frac{3}{8}$ to $\frac{7}{16}$ inch (9 – 11mm)



1 Make a bight in the middle of the rope. Direct this bight toward the bottom of your partner's feet, the toe of the top foot pointing the way.



2 With the working ends held over the top of your partner's crossed ankles, pull the bight under and over to the arch of the bottom foot. Hold the bight in place.



3 While holding the bight in place with one finger, use your other hand to draw the working ends around the back and over the front of the crossed ankles.



4 Insert the working ends through the bight.



5 Then pull the working ends up and across the ankles, making sure to keep their rope lines parallel to one another.



6 Bring the ropes around the back of the ankles, above and alongside the previous ropes. Keep the ropes tight around the feet and ankles—the firmer the better.



7 Now simply begin wrapping the ropes around and up the legs, keeping the ropes flat and side-by-side.



8 Continue wrapping the ropes up around the legs.



9
To tie off the piece, use a finger to hold the rope in place while you double back around the back of the calves.



10
Once the ropes (or working ends) reach the bight you held in place...



11
stick them down its loop. Once again, double back your rope ends.



12
Place a finger or two under the top layer of ropes to hold them up.



13
Then fish the ropes up and under this top layer. Leave a small loop open while maintaining tension on the ropes to keep them from sliding.



14
Dive the working ends through this opening...



15
and tighten the knot. Now you can either trim off the excess rope...



DONE
or you can leave the rope ends long, for use in other bondage applications—such as the Ankle Wrap Game!

Ankle Wrap Game

A common question we're asked is, "What do you do once your partner is tied?" Our thoughts are typically, "What don't you do?" Still, we understand imaginations sometimes need a nudge, so here's a fun game you can play once your partner's ankles are bound in an Ankle Wrap. Called the Ankle Wrap Game, the object is not to fall over! Sounds easy? Try doing it when your arms are tied behind your back and your partner is pulling your feet up, moving your center of gravity slightly forward!

Rope length: 30 feet (9m)

Rope diameter: $\frac{3}{8}$ to $\frac{7}{8}$ inch (9 – 11 mm)



1 Tie the ankles using the Ankle Wrap, leaving about 5 feet (1.5m) of long rope after it's secure. You may want to provide a pillow for your partner to kneel on for comfort.



2 Pass the long ropes down the shins and pull them out between the crossed feet.



3 Separate the ropes so one goes around each side of your partner's body.



4 Using a separate piece of rope, tie your partner's wrists behind the back using the Basic Wrap. Make the wrap as long or short as needed for your partner's comfort.



5 Kneel a short distance in front of your partner and take a rope in each hand. Say, "Now we're going to play a game. The name of the game is 'Don't fall over.'"



6 "What are the rules? Don't fall over!" Now slowly pull the ropes, lifting your partner's feet. As you tug on the ropes, your partner's center of gravity shifts forward...



7 eventually causing your partner to fall forward into your hands, chest or lap. (Oh, and please be sure to actually catch your partner).



8 There's no easier way to put your partner in the lap of luxury, for some tender head petting...or other head-related activities.