

Rope 101

AN INTRODUCTION TO EROTIC ROPE PLAY

BY CAZAR

Welcome

- ▶ Alternate between lecture and play/practice
- ▶ Ask questions anytime
- ▶ We'll take a short break in the middle
- ▶ Facilities and water
- ▶ Back yard

Shibari – Learn the basics



**Take the rope
in your left
hand**



**Wrap rope
around the
wrists**



**Finish the
fucking tie**

Safety - Clothing

- ▶ Rigger (Rope Top)
 - ▶ Comfortable Clothes
 - ▶ No shoes
- ▶ Bunny (Rope Bottom) & Self Tie
 - ▶ Tight fitting thin pants/shorts (black?) or just underwear
 - ▶ Soft comfortable sports type bra (Optional)
 - ▶ Plain blouse/top (black?)
 - ▶ No Shoes
 - ▶ Nude is ok, but harder to tie and ropes may need sanitized

General BDSM Safety

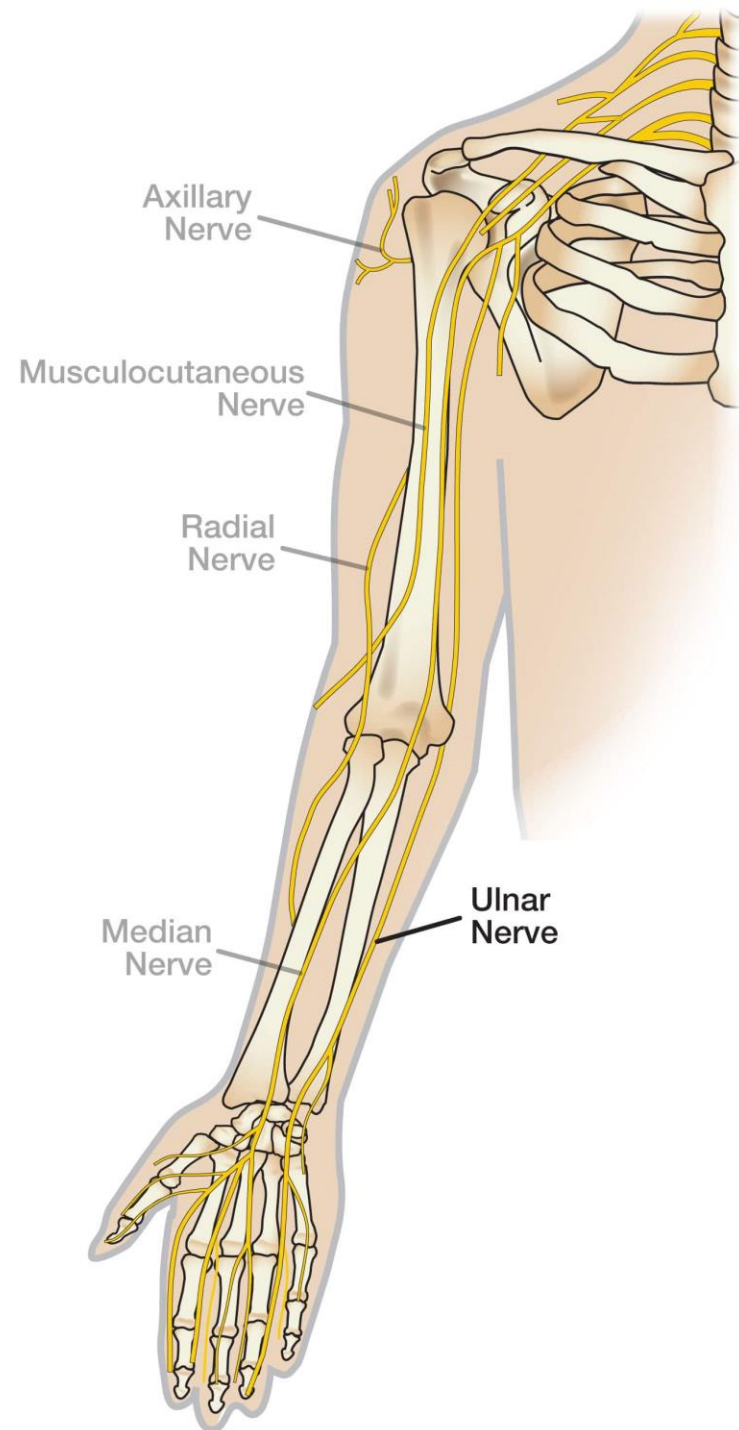
- ▶ Negotiation
 - ▶ Everyone knows the plan and gets what they want
 - ▶ Ailments, painkillers, blood thinners, joint issues
 - ▶ Communications, safewords, questions
- ▶ Triggers (Be ready to handle an abreaction)
- ▶ Fainting (Be aware that anyone can faint at any time. Be ready!)
- ▶ Subspace (non-responsive, non-verbal)
- ▶ Gags (no “stuffing”)
- ▶ Communication during play (what hurts)

Rope Safety

- ▶ Rope play is the deadliest kink
- ▶ Always have safety scissors (not a knife) within reach!
- ▶ Don't leave alone (have things within reach)
- ▶ Don't attach any body part to an immovable object unless you're prepared to lift the full weight of the person, or have their full weight pulling on the object
- ▶ Bottom must speak up when something doesn't feel right or hurts

Rope Safety (cont.)

- ▶ Watch (color)/feel (temperature)/ask about tingling or numbness
- ▶ Choking
- ▶ Dislocations
- ▶ Non-cinching, non-binding knots
- ▶ 2 finger rule
- ▶ Problems = tension x length of time
- ▶ Learn nerve nexus points
- ▶ Nerve compression is more of a concern than circulation restriction



Rope Types & Care

- ▶ Materials: Man made versus plant fiber. Hemp and Jute are common for shibari.
- ▶ Strength.
- ▶ Colors.
- ▶ Construction: braid vs twist. Braid is better for man-made. Twist is common for natural fibers.
- ▶ Thickness: 1/4 inch (6mm) is common for shibari. Larger is easier to work with/more comfortable.
- ▶ Lengths: 15 and 30 foot (4.5 and 9 meter) is common. This varies per the rigger.
- ▶ Rope conditioning (natural fiber only): Can buy pre-conditioned rope or do it yourself.
- ▶ Ends: Tie a knot, melt (man-made only), dip, whipping.
- ▶ Rope care: wash (delicates bag), re-oil (natural fibers only), bleach (man-made fibers only).

General Rope Suggestions

- ▶ Be comfortable. Use blanket, stool, table. Music. Temperature a bit warm.
- ▶ Use a separate short rope for each limb that you want to tie.
- ▶ Use pre-made shackle knots when possible
- ▶ Tie with untying in mind
- ▶ Tie into a position for desired access or a desired purpose/feeling

History of the Art of Rope

1603

2022

1603

1638

1673

1708

1743

1778

1813

1848

1883

1918

1953

1988

Period

1603

Edo

1868

1868

Meiji

1912

Taisho and Early Showa

1912

1945

1945

Postwar

2022

Style

1603

Hojojutsu

1868

Semenawa

1868

Kinbaku / Shibari

1946

2022

Double Column Ties

- ▶ Quick cuffs [Video](#)
- ▶ Multiloop handcuffs [Video](#)

Single Column Ties

- ▶ Flogging cuff (from cat's paw) [Video](#)
- ▶ Prusik shackle [Video](#)
- ▶ Highwayman's Hitch (Quick Release knot) [Video](#)
- ▶ Somerville Bowline Single Column [Video](#)

Torso Ties

- ▶ Karada (Rope Dress) [Video](#)
- ▶ Bikini Harness (Chest) [Video](#)
- ▶ Extending Rope [Video](#)
- ▶ Star/Pentagram Harness (Chest) [Video](#)

Resources

- ▶ Bondage Tying Instruction [The Duchy](#) Beginner stuff is free. Much more available with a Patreon donation.
- ▶ Online Shibari School [Esinem \(Shibariclass.com\)](#)
- ▶ For cheap but acceptable 1/4" braided nylon rope: [Home Depot](#)
- ▶ I bought raw rope from [RAWGANIQUE](#) and cut/terminate/condition it myself. (A LOT of work!) 3kg of 6mm hemp is around 450 feet for \$75.
- ▶ For treated rope, colored rope, and nice kits: [deGiotto Rope](#)
- ▶ All kinds of kinky stuff [The Stockroom](#)
- ▶ Other Shibari Rope suppliers [Jade Rope](#) [The Twisted Monk](#) and our new favorite: [Chromaknotz](#)

Final Thoughts

- ▶ A full “rigger's” set of ropes is at least 8 x 30ft/9m lengths and 4 x 15ft/4.5m lengths. This is 300ft/92m total.
- ▶ **You can get 100ft of 1/4” double braid nylon rope at Home Depot for around \$11. Cut it into 2 x 30 ft lengths and 2 x 15 ft lengths, melt the ends a little with a lighter, and you have a perfectly acceptable starter set.**
- ▶ Practice, practice, practice!!!